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B1 Wordlist

Navigate

Here is a list of useful or new words from Navigate B1 Coursebook. You can insert your own translation.
Words marked with a key (🔑) all appear in the *Oxford 3000*.

adj = adjective *adv* = adverb *conj* = conjunction *n* = noun *phr v* = phrasal verb *pl* = plural *phr* = phrase *prep* = preposition *pron* = pronoun *v* = verb

about 🔑 *adv* /əˈbaʊt/	_____	I think she's about thirty-five.
abroad 🔑 *adv* /əˈbrɔːd/	_____	Many people are looking for jobs abroad.
accommodation 🔑 *n* /əˌkɒməˈdeɪʃn/	_____	What type of holiday accommodation do you prefer?
accountant *n* /əˈkaʊntənt/	_____	I'd like to become an accountant.
achieve 🔑 *v* /əˈtʃiːv/	_____	In the last few years, Finland and Shanghai have achieved the highest grades in the tests.
achievement 🔑 *n* /əˈtʃiːvmənt/	_____	Hello and welcome to *Making History*, the programme where we look back at human achievements that have changed history.
active 🔑 *adj* /ˈæktɪv/	_____	She has a very active lifestyle.
administration *n* /ədˌmɪnɪˈstreɪʃn/	_____	I work in administration.
adopt 🔑 *v* /əˈdɒpt/	_____	They have decided to adopt a child.
advantages 🔑 *n, pl* /ədˈvɑːntɪdʒɪz/	_____	As well as speed, Maglev has a number of advantages over other transport systems.
advertising campaign 🔑 *n* /ˈædvətaɪzɪŋ kæmˌpeɪn/	_____	We need some help with our advertising campaign.
advice 🔑 *n* /ədˈvaɪs/	_____	It also included advice for teachers about how to teach music and mathematics.
aerobics *n* /eəˈrəʊbɪks/	_____	She does aerobics once or twice a week.
afford 🔑 *v* /əˈfɔːd/	_____	What would you like to buy, but can't afford right now?
after-school 🔑 *adj* /ˈɑːftə skuːl/	_____	What after-school activities do you do?
alcoholic drink 🔑 *n* /ˌælkəˈhɒlɪk drɪŋk/	_____	Some dark green vegetables can taste bitter.
already 🔑 *adv* /ɔːlˈredi/	_____	I do quite a bit of exercise already, so I'm pretty fit.
amazed 🔑 *adj* /əˈmeɪzd/	_____	I was amazed when my dog turned up at my house after six months away.
angrily 🔑 *adv* /ˈæŋgrəli/	_____	I look at them angrily.
angry 🔑 *adj* /ˈæŋgri/	_____	I get angry when people drop rubbish in the street.
annoyed 🔑 *adj* /əˈnɔɪd/	_____	Martha's annoyed because you didn't invite her.
annoying 🔑 *adj* /əˈnɔɪɪŋ/	_____	That noise is so annoying. I can't concentrate.
antique *adj* /ænˈtiːk/	_____	It's antique and gold.
anxious 🔑 *adj* /ˈæŋkʃəs/	_____	I think she's feeling anxious.
apple juice 🔑 *n* /ˈæpl dʒuːs/	_____	I drink apple juice for breakfast.
apply 🔑 *v* /əˈplaɪ/	_____	Do I need to apply for a visa before I travel?
architect *n* /ˈɑːkɪtekt/	_____	Jim Thompson was an American architect who moved to Bangkok after the Second World War.
argument 🔑 *n* /ˈɑːgjumənt/	_____	Sometimes, people shake hands when they make friends again after an argument.
arm wrestle 🔑 *n* /ˈɑːm ˌresl/	_____	He asked us if we wanted an arm wrestle.
arrive 🔑 *v* /əˈraɪv/	_____	She arrived home very late.
art 🔑 *n* /ɑːt/	_____	Did you do art at school?
article 🔑 *n* /ˈɑːtɪkl/	_____	It was also the first time that newspapers contained pictures as well as articles.

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assignment *n* /əˈsaɪnmənt/	_____	Please can I have some more time to do my assignment?
atmosphere *n* /ˈætməsfɪə(r)/	_____	The atmosphere is relaxed.
attachment *n* /əˈtætʃmənt/	_____	No email communication is 100% secure. You should only open attachments if you trust the sender.
attack *v* /əˈtæk/	_____	As he was leaving a concert, two men attacked him.
avoid *v* /əˈvɔɪd/	_____	I try to avoid eye contact.
backwards *adv* /ˈbækwədz/	_____	Scuba divers always dive backwards out of a boat.
bad manners *phr* /bæd ˈmænəz/	_____	I've heard that in other countries it's bad manners to talk when another person is speaking.
bake *v* /beɪk/	_____	They're baked in the oven.
balance *n* /ˈbæləns/	_____	I check my balance regularly so I know how much money there is in my bank account.
balloon *n* /bəˈluːn/	_____	A large balloon took him up into space.
bank account *n* /ˈbæŋk əˌkaʊnt/	_____	Do you know how much money is in your bank account?
basic *adj* /ˈbeɪsɪk/	_____	It's basic but you have everything you need.
become *v* /bɪˈkʌm/	_____	He became anxious the more he thought about it.
behaviour *n* /bɪˈheɪvjə(r)/	_____	If you watch what people do in lifts, you'll see some very interesting behaviour.
believe in *v* /bɪˈliːv ɪn/	_____	I don't believe in the health benefits of taking exercise.
belong to *v* /bɪˈlɒŋ tə/	_____	You must always look after things that belong to other people.
benefit *n* /ˈbenɪfɪt/	_____	Do you think living in a cashless society offers enough benefits?
benefit *v* /ˈbenɪfɪt/	_____	Everybody would benefit from a bit of extra intelligence.
best before *n* /ˈbest bɪˌfɔː(r)/	_____	A 'best before' label tells you about quality, not safety.
best-selling *adj* /ˌbest ˈselɪŋ/	_____	Susan Cain is the author of the best-selling book *Quiet*.
bill *n* /bɪl/	_____	Ask the waiter for the bill.
bitter *adj* /ˈbɪtə(r)/	_____	I don't like it. It's got a very bitter taste.
block *v* /blɒk/	_____	They block my way and don't move even when I say politely, 'Excuse me …'.
blog *n* /blɒg/	_____	Would you like to write a blog about your daily life?
blog *v* /blɒg/	_____	She blogs about daily life with two young children.
blossom *n* /ˈblɒsəm/	_____	I really like the word 'blossom', because I think it sounds as gentle as the thing it represents.
boiled *adj* /bɔɪld/	_____	I don't like boiled vegetables.
book in advance *phr* /ˌbʊk ɪn ədˈvɑːns/	_____	Train fares are much cheaper if you book in advance.
book your flight *phr* /ˌbʊk jɔː ˈflaɪt/	_____	Have you booked your flight to Spain yet?
bored *adj* /bɔːd/	_____	The lessons are always the same, so the students get rather bored.
borrowed *v, pp* /ˈbɒrəʊd/	_____	Have you ever borrowed a large amount of money?
bother *v* /ˈbɒðə(r)/	_____	It doesn't bother me if they listen to loud music.
bottle *n* /ˈbɒtl/	_____	Let's get a bottle of sparkling water as well.
box *n* /bɒks/	_____	We bought them a box of chocolates.
boxer *n* /ˈbɒksə(r)/	_____	He decided to become the manager of a boxer from Brazil.
brand new *adj* /ˌbrænd ˈnjuː/	_____	It's brand new. I only got it a few weeks ago.

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bright *adj* /braɪt/	_____	It's a lovely bright colour.
building site *n* /ˈbɪldɪŋ saɪt/	_____	Nicholas works on a building site.
bump *v* /bʌmp/	_____	They bump fists as a greeting.
bunch *n* /bʌntʃ/	_____	She gave me a bunch of flowers.
bus pass *n* /ˈbʌs pɑːs/	_____	I have a bus pass.
business *n* /ˈbɪznəs/	_____	We run the day-to-day business of the court.
busy *adj* /ˈbɪzi/	_____	My life is too busy.
buy *v* /baɪ/	_____	I want to buy a new T-shirt.
buyer *n* /ˈbaɪə(r)/	_____	We'll get a buyer for it.
café *n* /ˈkæfeɪ/	_____	There's a pavement café in the city centre.
calmly *adj* /ˈkɑːmli/	_____	He calmly pushed the alarm button and waited for an answer.
camping *n* /ˈkæmpɪŋ/	_____	We usually go camping in the summer.
can *n* /kæn/	_____	Can I have a can of lemonade, please?
cancer *n* /ˈkænsə(r)/	_____	Diseases, such as cancer, exist today because of our modern diet and lifestyle.
candidate *n* /ˈkændɪdət/	_____	She asked the candidate, 'Where do you see yourself in five years' time?'
candle *n* /ˈkændl/	_____	I love the candles in your bedroom.
capsule *n* /ˈkæpsjuːl/	_____	He came slowly out of the capsule.
cardboard *n* /ˈkɑːdbɔːd/	_____	This container is made from cardboard.
cards *n* /kɑːdz/	_____	Marta and Felix often play cards together.
carry on *phr v* /ˌkæri ˈɒn/	_____	History and human problems change, but time and nature carry on.
carton *n* /ˈkɑːtn/	_____	There's a carton of apple juice in the fridge.
CCTV camera *n* /ˌsiː siː tiː ˈviː ˌkæmərə/	_____	CCTV cameras check their speed.
ceremony *n* /ˈserəməni/	_____	The graduation ceremony starts at 9 a.m.
challenge *n* /ˈtʃælɪndʒ/	_____	He did the challenges for a few months.
change career *phr* /tʃeɪndʒ kəˈrɪə(r)/	_____	I want to change career.
change *n* /tʃeɪndʒ/	_____	I've got some change and lots of receipts in my wallet.
characteristic *n* /ˌkærəktəˈrɪstɪk/	_____	What do you think are the main characteristics of introverts?
charge *v* /tʃɑːdʒ/	_____	Supermarkets should charge customers for shopping bags.
chat *v* /tʃæt/	_____	I like to chat with friends online.
cheek *n* /tʃiːk/	_____	They kiss two or three times, starting with the right cheek.
chess *n* /tʃes/	_____	Mehmet plays chess once or twice a week.
chest of drawers *n* /ˌtʃest əv ˈdrɔːz/	_____	I'm surprised there isn't a chest of drawers in the bedroom.
chest *n* /tʃest/	_____	They put both their hands together at chest level.
chin *n* /tʃɪn/	_____	He always touches his chin if he is worried about something.
chocolate *n* /ˈtʃɒklət/	_____	He gave me some chocolates for my birthday.
choose *v* /tʃuːz/	_____	I need to choose a career, but I don't know what to do.
clap *v* /klæp/	_____	They clap their hands three times before saying hello.
client *n* /ˈklaɪənt/	_____	My job is to advise clients about their business.
climb *v* /klaɪm/	_____	I haven't got my key. I know – I'll climb in through that open window.

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cloth *n* /klɒθ/	_____	Please clean the kitchen with this cloth.
cloudy *adj* /ˈklaʊdi/	_____	It's very cloudy today.
code *n* /kəʊd/	_____	Will I need a code?
coffee *n* /ˈkɒfi/	_____	We hardly ever go out for a coffee.
coin *n* /kɔɪn/	_____	We can give some coins to the street performers.
cold *adj* /kəʊld/	_____	The air's cold this morning.
collect *v* /kəˈlekt/	_____	They are developing a new way to collect rubbish.
collection *n* /kəˈlekʃn/	_____	As a result, our book collection went from 300 down to six.
comfort *n* /ˈkʌmfət/	_____	I prefer to watch films in the comfort of my own home.
comfort *v* /ˈkʌmfət/	_____	She went to the nursery to comfort the baby.
comfortable *adj* /ˈkʌmftəbl/	_____	It's very comfortable to ride.
communication skills *n, pl* /kəˌmjuːnɪˈkeɪʃn skɪlz/	_____	I have very good communication skills.
computer game *n* /kəmˈpjuːtə geɪm/	_____	He nearly always plays computer games after school.
compute *v* /kəmˈpjuːt/	_____	We need to compute the size and weight of each object.
concert hall *n* /ˈkɒnsət hɔːl/	_____	He has played in many of the world's greatest concert halls.
condition *n* /kənˈdɪʃn/	_____	It's not in very good condition.
conductor *n* /kənˈdʌktə(r)/	_____	João Carlos Martins is a famous Brazilian classical pianist and conductor.
confident *adj* /ˈkɒnfɪdənt/	_____	She's confident about her exams.
confused *adj* /kənˈfjuːzd/	_____	I feel very confused. I don't know what to do!
confusing *adj* /kənˈfjuːzɪŋ/	_____	Her directions to the town were a bit confusing.
congratulate *v* /kənˈgrætʃuleɪt/	_____	We use a handshake when we congratulate people.
connection *n* /kəˈnekʃn/	_____	It's a really bad connection. Could you repeat that, please?
consist of *v* /kənˈsɪst əv/	_____	My diet consists of only the healthiest food.
construction *n* /kənˈstrʌkʃn/	_____	She works for a construction company.
consumer *n* /kənˈsjuːmə(r)/	_____	It's not the consumers who are responsible for waste.
continent *n* /ˈkɒntɪnənt/	_____	News reached different continents within minutes.
convenient *adj* /kənˈviːniənt/	_____	The bus is the most convenient form of transport for me.
cook *n* /kʊk/	_____	She's a good cook.
coral reef *n* /ˈkɒrəl riːf/	_____	We need to keep tourists away from the damaged coral reefs.
corporate *adj* /ˈkɔːpərət/	_____	He was applying for the job at the corporate office of a shoe company.
couple *n* /ˈkʌpl/	_____	Nicole and Paul make a lovely couple.
course *n* /kɔːs/	_____	Is she going to do a course in psychology at university?
court *n* /kɔːt/	_____	Martha works in a court.
crash *n* /kræʃ/	_____	People who saw the crash posted comments and photos on Twitter.
creatively *adv* /kriˈeɪtɪvli/	_____	Will computers ever be able to think creatively, like humans?
creative *adj* /kriˈeɪtɪv/	_____	He's quite creative and often has new ideas.
credit card *n* /ˈkredɪt kɑːd/	_____	Can I pay for this by credit card, please?
crime *n* /kraɪm/	_____	Things have improved, for instance there isn't as much crime in Sweden.

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crowded *adj* /ˈkraʊdɪd/	_____	The streets are crowded in the summer.
cure *n* /kjʊə(r)/	_____	Is there a possible cure for AIDS?
currency *n* /ˈkʌrənsi/	_____	Did you get the foreign currency for our trip?
curry *n* /ˈkʌri/	_____	Most curry dishes are hot and spicy.
customer *n* /ˈkʌstəmə(r)/	_____	I deal with all the customer enquiries.
cycle lane *n* /ˈsaɪkl leɪn/	_____	The main roads have special cycle lanes.
cycling *v* /ˈsaɪklɪŋ/	_____	Cycling is a good form of exercise.
damp *adj* /dæmp/	_____	Wear your raincoat. It's another damp day today.
dark *adj* /dɑːk/	_____	It's got a dark blue stone.
day-to-day *adj* /ˌdeɪ tə ˈdeɪ/	_____	She is responsible for the day-to-day business.
deal with *phr v* /ˈdiːl wɪð/	_____	I need to deal with these emails.
debt *n* /det/	_____	I don't like being in debt.
decide *v* /dɪˈsaɪd/	_____	She has to decide by next Monday.
decision *n* /dɪˈsɪʒn/	_____	Are you good at making decisions?
degree *n* /dɪˈgriː/	_____	She's got a degree in history from York University.
depend (on) *v* /dɪˈpend (ɒn)/	_____	Your success in life does not depend on other people, but on you alone.
depressed *adj* /dɪˈprest/	_____	Lack of sunshine can make you depressed.
dessert *n* /dɪˈzɜːt/	_____	Would you like some cake for dessert?
destroy *v* /dɪˈstrɔɪ/	_____	The new building work is going to destroy the old town.
developing world *n* /dɪˈveləpɪŋ wɜːld/	_____	Many countries in the developing world are using mobile phones to do online banking.
development *n* /dɪˈveləpmənt/	_____	The technology is still in development.
diabetes *n* /ˌdaɪəˈbiːtiːz/	_____	Diabetes is one of today's common diseases.
diesel *n* /ˈdiːzl/	_____	Diesel engines are greener these days.
diet *n* /ˈdaɪət/	_____	Her diet isn't very good.
different *adj* /ˈdɪfrənt/	_____	There are many different sorts of spring roll.
digital *adj* /ˈdɪdʒɪtl/	_____	Modern digital technology has helped. We gave away our CDs and now keep our music on the computer.
digit *n* /ˈdɪdʒɪt/	_____	How many digits are there in your account number?
diploma *n* /dɪˈpləʊmə/	_____	I have a diploma in food safety.
disappointment *n* /ˌdɪsəˈpɔɪntmənt/	_____	Have you bought anything recently which was a disappointment?
disease *n* /dɪˈziːz/	_____	Many of today's diseases exist because of our modern lifestyle.
dish *n* /dɪʃ/	_____	I usually serve this dish with vegetables.
dishonest *adj* /dɪsˈɒnɪst/	_____	It was dishonest of him to say that.
disorganized *adj* /dɪsˈɔːgənaɪzd/	_____	His manager is a bit disorganized. His office is a mess.
dive *v* /daɪv/	_____	Watch him dive into the swimming pool.
do online banking *phr* /duː ˌɒnˌlaɪn ˈbæŋkɪŋ/	_____	How often do you do online banking?
doggy bag *n* /ˈdɒgi bæg/	_____	Ask the waiter for a 'doggy bag' to take home food you can't eat.
download *v* /ˌdaʊnˈləʊd/	_____	You can download this app for free.

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dream of *v* /driːm əv/	_____	Do you ever dream of visiting New York?
dream *n* /driːm/	_____	Do you ever have a dream about flying?
drop *v* /drɒp/	_____	If you drop your phone into liquid, put it in a bowl of uncooked rice to dry it out.
dull *adj* /dʌl/	_____	It's quite dull in winter.
dustpan and brush *n* /ˌdʌstpæn ən ˈbrʌʃ/	_____	He's cleaning the floor with a dustpan and brush.
duvet *n* /ˈduːveɪ/	_____	The blue duvet on her bed is lovely.
early *adj* /ˈɜːli/	_____	I'm going to have an early night.
easily *adv* /ˈiːzəli/	_____	I can easily start a conversation with a stranger.
easy *adj* /ˈiːzi/	_____	Some people find it easy to keep fit.
eater *n* /ˈiːtə(r)/	_____	She's a slow eater.
economics *n* /ˌiːkəˈnɒmɪks/	_____	We studied economics for two years. It's a hard subject.
economy *n* /ɪˈkɒnəmi/	_____	I think life is better since the decrease in the cash economy.
education *n* /ˌedʒuˈkeɪʃn/	_____	I think private schools offer the best education.
efficient *adj* /ɪˈfɪʃnt/	_____	The bus service is efficient.
elbow *n* /ˈelbəʊ/	_____	He sits with his elbows on the table.
election *n* /ɪˈlekʃn/	_____	I want to watch the news report about the European elections.
embarrassed *adj* /ɪmˈbærəst/	_____	I feel so embarrassed about it.
embarrassing *adj* /ɪmˈbærəsɪŋ/	_____	That was the most embarrassing moment of my life.
emotion *n* /ɪˈməʊʃn/	_____	Scientists might even be able to learn more about where our thoughts and emotions come from.
engaged *adj* /ɪnˈgeɪdʒd/	_____	When did you get engaged?
engineering *n* /ˌendʒɪˈnɪərɪŋ/	_____	I'm studying engineering at university.
enjoy *v* /ɪnˈdʒɔɪ/	_____	Did you enjoy your holiday?
enjoyable *adj* /ɪnˈdʒɔɪəbl/	_____	Some people think our life isn't enjoyable any more.
enquiry *n* /ɪnˈkwaɪəri/	_____	We answer phone enquiries and deal with emails.
entertain *v* /ˌentəˈteɪn/	_____	It is my job to entertain the staff.
entrance exam *n* /ˈentrəns ɪgˌzæm/	_____	In Shanghai, the university entrance exam is called the *goo koo*.
equal *adj* /ˈiːkwəl/	_____	You should try to have an equal balance of all three.
equip *v* /ɪˈkwɪp/	_____	This course will equip you with the skills you need.
erupt *v* /ɪˈrʌpt/	_____	When a volcano erupted on the Pacific island of Krakatoa in 1883 it killed 36,000 people.
essential *adj* /ɪˈsenʃl/	_____	It's essential you save some money.
excited *adj* /ɪkˈsaɪtɪd/	_____	I feel so excited about journey tomorrow.
exciting *adj* /ɪkˈsaɪtɪŋ/	_____	It was a really exciting film.
exercise *n* /ˈeksəsaɪz/	_____	You should do some exercise.
exhausted *adj* /ɪgˈzɔːstɪd/	_____	I feel exhausted most days.
expensive *adj* /ɪkˈspensɪv/	_____	Ordinary people didn't use to buy newspapers because they were expensive.
experiment *n* /ɪkˈsperɪmənt/	_____	Tell us how the experiment was carried out.
explain *v* /ɪkˈspleɪn/	_____	I don't think he's very good at explaining things clearly.
extreme *adj* /ɪkˈstriːm/	_____	There has been an increase in extreme weather conditions.
extrovert *n* /ˈekstrəvɜːt/	_____	She's an extrovert and confident in a large group of people.

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eye contact *n* /ˈaɪ ˌkɒntækt/	_____	She's very shy and never makes eye contact.
fair *adj* /feə(r)/	_____	Do you think it was fair of her to say that?
fall *v* /fɔːl/	_____	Watch out! I think that tree is going to fall.
family *n* /ˈfæməli/	_____	Do you spend a lot of time with your family?
fare *n* /feə(r)/	_____	Bus fares are expensive.
fascinated *adj* /ˈfæsɪneɪtɪd/	_____	I was fascinated to hear my uncle's stories.
fascinating *adj* /ˈfæsɪneɪtɪŋ/	_____	I watched a fascinating programme last night.
fashionable *adj* /ˈfæʃnəbl/	_____	It is quite fashionable.
fast lane *n* /ˈfɑːst leɪn/	_____	In a pedestrian fast lane, the maximum speed is 3 mph.
father-in-law *n* /ˈfɑːðərɪnlɔː/	_____	My father-in-law enjoys gardening.
fee *n* /fiː/	_____	In Kenya, people can use credit on their mobile phones to pay for things like their children's school fees.
fields *n, pl* /fiːldz/	_____	Please complete all required fields below.
figure *n* /ˈfɪgə(r)/	_____	Please write the number in words and figures. / It's a figure of a man.
film *v* /fɪlm/	_____	One of them stands next to the painting as the other one films her.
film *n* /fɪlm/	_____	Have you ever made a film and posted it on YouTube?
financial *adj* /faɪˈnænʃl, fə-/	_____	What do you think about the financial crisis?
find out *phr v* /faɪnd ˈaʊt/	_____	You need to find out the answer yourself.
fine *v* /faɪn/	_____	Police officers fine people not following the rules.
fist *n* /fɪst/	_____	In some countries, you bump fists when you greet someone.
fitness *n* /ˈfɪtnəs/	_____	I'm trying to improve my fitness by cycling to work.
flatmate *n* /ˈflætmeɪt/	_____	My flatmate is quite lazy. He never does the washing up.
flavour *n* /ˈfleɪvə(r)/	_____	You dip them into this sauce to give them extra flavour.
float *v* /fləʊt/	_____	The train floats in the air above the tracks.
flock *n* /flɒk/	_____	A plane landed in the Hudson River after a flock of birds flew into its engine.
flood *n* /flʌd/	_____	The road is closed because of a flood.
flower stall *n* /ˈflaʊə stɔːl/	_____	There's a flower stall in the town centre.
fluently *adv* /ˈfluːəntli/	_____	I would like to speak two languages fluently.
forehead *n* /ˈfɔːhed/	_____	They press their foreheads together while closing their eyes.
foreign *adj* /ˈfɒrən/	_____	How much foreign currency are you taking on holiday?
forest fire *n* /ˈfɒrɪst ˌfaɪə(r)/	_____	There is a large forest fire near Sydney, Australia.
forwards *adv* /ˈfɔːwədz/	_____	She was running too fast and fell forwards.
friendly *adj* /ˈfrendli/	_____	He's a very friendly person.
frightened *adj* /ˈfraɪtnd/	_____	The building was empty. Now he was frightened.
frightening *adj* /ˈfraɪtnɪŋ/	_____	My whole body is in pain. It's frightening.
frozen *adj* /ˈfrəʊzn/	_____	I need a packet of frozen peas for the meal tonight.
fry *v* /fraɪ/	_____	Sometimes the spring rolls are fried.
fuel *n* /ˈfjuːəl/	_____	They use less fuel than other vehicles.
fully-qualified *adj* /ˈfʊli ˌkwɒlɪfaɪd/	_____	We're offering proper training with fully-qualified instructors.

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fun *n* /fʌn/	_____	I like to have fun.
funny *adj* /ˈfʌni/	_____	Do you know any funny jokes? / A funny thing happened to me on the way to work.
gentle *adj* /ˈdʒentl/	_____	Do plenty of gentle exercise, like walking.
germs *n, pl* /dʒɜːmz/	_____	People worry they might catch germs if they shake somebody's hand.
get divorced *phr* /ˌget dɪˈvɔːst/	_____	You get divorced only if your marriage goes wrong.
get married *phr* /get ˈmærid/	_____	We're getting married this year.
give up *phr v* /gɪv ˈʌp/	_____	I want to give up smoking.
global warming *n* /ˌgləʊbl ˈwɔːmɪŋ/	_____	Is global warming really happening?
global *adj* /ˈgləʊbl/	_____	The global economy has become unstable.
go online *phr* /gəʊ ˌɒnˈlaɪn/	_____	Why don't you go online to book the hotel?
go to *phr v* /ˈgəʊ tuː, tə/	_____	She wants to go to university.
golf *n* /gɒlf/	_____	Do you play golf?
grade *n* /greɪd/	_____	My grades in literature and languages weren't great.
graduation *n* /ˌgrædʒuˈeɪʃn/	_____	Will you be at my graduation ceremony?
greener *adj* /ˈgriːnə(r)/	_____	Buses are greener than in the past.
greeting *n* /ˈgriːtɪŋ/	_____	How much do you know about international greetings?
greet *v* /griːt/	_____	What do you do when you greet a friend?
grow up *phr v* /grəʊ ˈʌp/	_____	He wants children to grow up to have a positive relationship with nature.
guidebook *n* /ˈgaɪdbʊk/	_____	Do you usually take a guidebook on holiday?
guilty *adj* /ˈgɪlti/	_____	I think he's feeling guilty about not going to the party.
gym *n* /dʒɪm/	_____	I sometimes go to the gym after work.
handshake *n* /ˈhændʃeɪk/	_____	He welcomed me with a smile and a handshake.
happen *v* /ˈhæpən/	_____	If something good happens to me, it's because I deserve it.
hard-working *adj* /ˌhɑːd ˈwɜːkɪŋ/	_____	She's a very hard-working person and works long hours.
have a baby / children *v* /ˌhæv ə ˈbeɪbi, ˈtʃɪldrən/	_____	We want to have children.
headphones *n* /ˈhedfəʊnz/	_____	Put your headphones on to listen to your music.
health care *n* /ˈhelθ keə(r)/	_____	They both work in health care.
health *n* /helθ/	_____	It's important to look after your health and keep fit.
heavy *adj* /ˈhevi/	_____	This box is really heavy.
herb *n* /hɜːb/	_____	There are lots of herbs in this stew.
high-speed *adj* /ˌhaɪ ˈspiːd/	_____	Right now there is only one high-speed Maglev system in the world.
hire *v* /ˈhaɪə(r)/	_____	How much will it cost to hire a car for a week?
history *n* /ˈhɪstri/	_____	My favourite subject was history.
home-made *adj* /ˈhəʊm meɪd/	_____	This is lovely home-made jam.
homework *n* /ˈhəʊmwɜːk/	_____	Make sure you do your homework before supper.
honest *adj* /ˈɒnɪst/	_____	Mia's an honest person – she always tells the truth.
honey *n* /ˈhʌni/	_____	The tagine has some honey in it so it tastes quite sweet.
hostel *n* /ˈhɒstl/	_____	All the hostels were full so someone suggested staying in this Manga café.

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hot *adj* /hɒt/	_____	I love this hot weather.
house swap *n* /ˈhaʊs swɒp/	_____	They are doing a house swap with a family in the United States.
house-sit *v* /ˈhaʊs sɪt/	_____	Felix is house-sitting for a friend.
household possessions *n pl* /ˌhaʊshəʊld pəˈzeʃnz/	_____	Huang Qingjun takes photos of people outside their homes with their household possessions.
housework *n* /ˈhaʊswɜːk/	_____	I'm going to do the housework after lunch.
hug *v* /hʌg/	_____	They hug each other when they greet good friends.
humid *adj* /ˈhjuːmɪd/	_____	I hate this humid weather.
hunger *n* /ˈhʌŋgə(r)/	_____	They do a lot to try and fight world hunger and poverty.
hurricane *n* /ˈhʌrɪkən/	_____	Did you hear about the hurricane off the Mexican coast?
imagination *n* /ɪˌmædʒɪˈneɪʃn/	_____	She uses her imagination to come up with some great ideas.
impatient *adj* /ɪmˈpeɪʃnt/	_____	She's a bit impatient. She doesn't like waiting for things.
impolite *adj* /ˌɪmpəˈlaɪt/	_____	I think it's a bit impolite to say that.
impossible *adj* /ɪmˈpɒsəbl/	_____	It was impossible to sleep because it was so hot.
impression *n* /ɪmˈpreʃn/	_____	If you get it wrong, you might give a bad impression.
in (your) late twenties *n* /ɪn (jɔː) ˌleɪt ˈtwentiz/	_____	I think he's in his late twenties.
in (your) sixties *n* /ɪn (jɔː) ˈsɪkstiz/	_____	A lot of people retire in their sixties.
in a good mood *phr* /ɪn ə ˌgʊd ˈmuːd/	_____	She's in a good mood.
in a hurry *phr* /ˌɪn ə ˈhʌri/	_____	It's easy to make mistakes if you do things in a hurry.
in a mess *phr* /ˌɪn ə ˈmes/	_____	He never tidies his desk. It's always in a mess.
in advance *phr* /ɪn ədˈvɑːns/	_____	Do you book your holidays far in advance?
in charge of *phr* /ɪn ˈtʃɑːdʒ əv/	_____	The assistant manager's in charge of the hotel while the manager's away.
in detail *phr* /ɪn ˈdiːteɪl/	_____	There isn't time to explain the plan in detail now.
in the middle *phr* /ˌɪn ðə ˈmɪdl/	_____	I'm in the middle of doing something at the moment.
in trouble *phr* /ɪn ˈtrʌbl/	_____	If I'm late again, I'll be in trouble with the boss.
indoors *adv* /ˌɪnˈdɔːz/	_____	We sometimes play cards indoors.
industry *n* /ˈɪndəstri/	_____	He is famous for rebuilding the Thai silk industry.
informal *adj* /ɪnˈfɔːml/	_____	You usually do this greeting in an informal situation.
insurance *n* /ɪnˈʃʊərəns/	_____	We need to buy our travel insurance before we go on holiday.
intelligent *adj* /ɪnˈtelɪdʒənt/	_____	My idea to change the world is to spend more money on developing drugs that can make us more intelligent.
intercom *n* /ˈɪntəkɒm/	_____	A voice on the intercom asked, 'Is someone in there?'
into *prep* /ˈɪntuː,ˈɪntə/	_____	They ran into the garden.
introvert *n* /ˈɪntrəvɜːt/	_____	I'm an introvert. I find it easier to express myself in writing than speaking.
invention *n* /ɪnˈvenʃn/	_____	This changed in the 1850s with the invention of powerful printing presses.
inventor *n* /ɪnˈventə(r)/	_____	Who was the inventor of the light bulb?
ironing *n* /ˈaɪənɪŋ/	_____	Who usually does the ironing?
issue *n* /ˈɪʃuː/	_____	I want to talk to you about global issues.
IT *n* /ˌaɪ ˈtiː/	_____	I'm pleased I did IT at school. I love working with computers.

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jar *n* /dʒɑː(r)/	_____	Could you buy a jar of olives when you're at the supermarket, please?
judge *n* /dʒʌdʒ/	_____	Martha works as a judge.
jump *v* /dʒʌmp/	_____	Everybody shouted and jumped up and down.
junk food *n* /ˈdʒʌŋk fuːd/	_____	Definitely don't eat any junk food, like crisps.
karate *n* /kəˈrɑːti/	_____	He does karate most days.
kind of *phr* /ˈkaɪnd (əv)/	_____	It's a kind of stew.
kiss *v* /kɪs/	_____	They kiss three times.
laboratory *n* /ləˈbɒrətri/	_____	He's a scientist and works in a laboratory.
lamb *n* /læm/	_____	This tagine is made with pieces of lamb.
land *v* /lænd/	_____	He landed safely.
languages *n, pl* /ˈlæŋgwɪdʒɪz/	_____	I was really good at languages at school. I speak three languages now.
large *adj* /lɑːdʒ/	_____	This is difficult to carry – it's quite large.
last minute *adj* /lɑːst ˈmɪnɪt/	_____	I'm a last-minute person and never book my holidays in advance.
late *adv* /leɪt/	_____	I try not to go to bed late during the week.
law *n* /lɔː/	_____	She works for a law firm.
learn to swim *v* /ˌlɜːn tə ˈswɪm/	_____	I want to learn to swim.
learning skills *n, pl* /ˈlɜːnɪŋ skɪlz/	_____	His learning skills are very good. I think he's the best in the class.
leather *n* /ˈleðə(r)/	_____	This seat's made of leather.
leave home / school *v* /liːv ˈhəʊm, ˈskuːl/	_____	She decided to leave home. / I leave school this year.
leave *v* /liːv/	_____	I've left some cake for you.
left *adj* /left/	_____	We took a left turn instead of right.
lent *v, pp* /lent/	_____	Have you lent money to someone in the last month?
lie-in *n* /ˌlaɪ ˈɪn/	_____	Are you going to have a lie-in on Sunday?
lift *n* /lɪft/	_____	He was stuck in a lift for 41 hours!
lift *v* /lɪft/	_____	Can you help me lift the new TV out of its box?
light bulb *n* /ˈlaɪt bʌlb/	_____	Thomas Edison is famous for inventing the light bulb.
light *adj* /laɪt/	_____	There is going to be some light snow this evening.
lightning *n* /ˈlaɪtnɪŋ/	_____	Did you see the lightning last night?
line *n* /laɪn/	_____	In 2045, the line will extend to Osaka.
lip *n* /lɪp/	_____	She's got very thin lips.
literature *n* /ˈlɪtrətʃə(r)/	_____	Did you study literature at school?
live with *phr v* /ˈlɪv wɪð/	_____	Do you live with your partner?
lively *adj* /ˈlaɪvli/	_____	The nightlife is lively.
location *n* /ləʊˈkeɪʃn/	_____	He visited one location where a couple had to move house.
log on / out *phr v* /lɒg ˈɒn, ˈaʊt/	_____	Make sure you log out when you have finished.
look *n* /lʊk/	_____	We'll have a look at it back at the hotel.
loudly *adv* /laʊdli/	_____	I hate it when people speak loudly on their mobile phones.
luggage *n* /ˈlʌgɪdʒ/	_____	Where can we leave our luggage?
main road *n* /ˈmeɪn rəʊd/	_____	The main roads are very busy in our town.

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make a list *phr* /ˌmeɪk ə 'lɪst/	_____	I always start the day by making a to-do list.
make plans *phr* /meɪk 'plænz/	_____	She is making plans for her future.
man-made *adj* /'mæn meɪd/	_____	It's a region that has suffered many man-made problems.
map reading *n* /'mæp ˌriːdɪŋ/	_____	I'll drive, but are you any good at map reading?
mark *n* /mɑːk/	_____	There's a mark on my trousers. / What mark did you get in the test?
market place *n* /'mɑːkɪt pleɪs/	_____	I really like the market place in your town.
Master's degree *n* /'mɑːstəz dɪˌgriː/	_____	He's got a Master's degree in economics.
maths *n* /mæθs/	_____	When I was at school I didn't enjoy maths at all.
maze *n* /meɪz/	_____	This city's like a maze.
meal *n* /miːl/	_____	We sometimes go out for a meal.
medical research *n* /ˌmedɪkl rɪ'sɜːtʃ, 'riː-/	_____	I work in medical research at the university.
medical *adj* /'medɪkl/	_____	Here's a copy of my medical certificate.
mental health *n* /'mentl helθ/	_____	I think that regular physical exercise can help to improve your mental health.
metal *n* /'metl/	_____	It's made of metal.
microwave oven *n* /ˌmaɪkrəweɪv 'ʌvn/	_____	I'm disappointed there's only a microwave oven in the kitchen.
mid *prep* /mɪd/	_____	She's in her mid-twenties.
middle-aged *adj* /ˌmɪdl 'eɪdʒd/	_____	They're a middle-aged couple, with grown-up children.
milestone *n* /'maɪlstəʊn/	_____	There have been several media milestones.
minimalist *adj* /'mɪnɪməlɪst/	_____	Our flat was full of stuff, so we went minimalist: we sold or gave away the things which we hardly ever use.
mirror *n* /'mɪrə(r)/	_____	Did you see the mirror on the bedroom wall?
mistake *n* /mɪ'steɪk/	_____	Have you ever made a big mistake?
moment *n* /'məʊmənt/	_____	It was the most amazing moment of his life.
mosquito *n* /mə'skiːtəʊ/	_____	It's a very bad time of year for mosquitoes.
mother-in-law *n* /'mʌðərɪnlɔː/	_____	Your mother-in-law is your husband or wife's mother.
move house or flat *phr* /muːv ˌhaʊs ɔː 'flæt/	_____	Martha moved house last week.
myth *n* /mɪθ/	_____	This is one of the most common myths about the brain.
narrow *adj* /'nærəʊ/	_____	Many Italian towns have small or narrow streets.
nasty *adj* /'nɑːsti/	_____	The water's too warm and there are sea snakes and other nasty animals.
natural disaster *n* /'nætʃrəl dɪˌzɑːstə(r)/	_____	It was one of the worst natural disasters in history.
natural *adj* /'nætʃrəl/	_____	Eat only natural food like meat, vegetables and fruit.
navigation *n* /ˌnævɪ'geɪʃn/	_____	Dustcart is a friendly-looking robot with maps and GPS navigation.
necessary *adj* /'nesəsəri/	_____	Was it necessary to speak to me like that?
negative *adj* /'negətɪv/	_____	She's quite a negative person.
nervous *adj* /'nɜːvəs/	_____	I feel nervous about the exam.
neutral *adj* /'njuːtrəl/	_____	He sounds neutral. He doesn't really have an opinion.
next of kin *n* /ˌnekst əv 'kɪn/	_____	Who's your next of kin?
nicely *adv* /'naɪsli/	_____	I ask them nicely to turn it down.

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nightmare *n* /'naɪtmeə(r)/	_____	I had a terrible nightmare last night.
nod *v* /nɒd/	_____	They nod their heads.
note *n* /nəʊt/	_____	I've got one or two notes in my wallet.
nurse *n* /nɜːs/	_____	I work as a nurse.
obtain *v* /əb'teɪn/	_____	Where did you obtain that from?
office *n* /'ɒfɪs/	_____	She works in an office.
olives *n, pl* /'ɒlɪvz/	_____	Would you like some olives to have with your drink?
on business *phr* /ɒn 'bɪznəs/	_____	There are so many people who come here on business.
on holiday *phr* /ɒn 'hɒlədeɪ/	_____	I really don't understand why they come here on holiday.
on public transport *phr* /ɒn ˌpʌblɪk 'trænspɔːt/	_____	Can you get to work or university on public transport?
on the internet *phr* /ɒn ðiː 'ɪntənet/	_____	You just look it up on the internet.
on the way *phr* /ɒn ðə 'weɪ/	_____	I was on the way to the city centre.
on time *phr* /ɒn 'taɪm/	_____	Nobody's ever on time for anything.
on TV *phr* /ɒn ˌtiː 'viː/	_____	Do you prefer watching films on TV or at the cinema?
open-plan *adj* /ˌəʊpən 'plæn/	_____	I work in an open-plan office.
organ *n* /'ɔːgən/	_____	The brain is an amazing organ.
organize *v* /'ɔːgənaɪz/	_____	She loves organizing events.
out of *prep* /'aʊt əv/	_____	He came out of the capsule.
outdoors *adv* /ˌaʊt'dɔːz/	_____	They are always playing outdoors.
over *prep* /'əʊvə(r)/	_____	He slowly walked over to the capsule.
owe *v* /əʊ/	_____	She owes me £20!
packet *n* /'pækɪt/	_____	I think there's a packet of frozen peas in the freezer.
painkiller *n* /'peɪnkɪlə(r)/	_____	We'll give him some strong painkillers before he goes for the X-ray.
pale *adj* /peɪl/	_____	It's a kind of pale grey colour.
pan *n* /pæn/	_____	Use this pan to cook the pasta in.
paperwork *n* /'peɪpəwɜːk/	_____	I also do a lot of paperwork.
parachute *v* /'pærəʃuːt/	_____	He parachuted down towards the desert.
parking space *n* /'pɑːkɪŋ speɪs/	_____	It's difficult to find a parking space.
pass your exams / driving test *phr* /ˌpɑːs jɔːr ɪg'zæmz, jɔː 'draɪvɪŋ test/	_____	Did you pass all your exams?
patient *adj* /'peɪʃnt/	_____	I'm patient and don't mind if things take a long time.
pavement artist *n* /'peɪvmənt ˌɑːtɪst/	_____	In the summer you can see pavement artists on some of the streets.
pay back *v* /peɪ 'bæk/	_____	I'll pay you back the money tomorrow.
peace *n* /piːs/	_____	A common theory is that it started as a sign of peace.
pedestrian area *n* /pə'destriən ˌeəriə/	_____	The pedestrian area is good for shopping.
perform *v* /pə'fɔːm/	_____	He learned to play the piano when he was a child and as a teenager he performed in concerts around the world.
period *n* /'pɪəriəd/	_____	There are going to be some short periods of rain later.
personal assistant (PA) *phr* /ˌpɜːsənl ə'sɪstənt, ˌpiː 'eɪ/	_____	She works as a PA.

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personal *adj* /ˈpɜːsənl/	_____	It contains personal things.
petrol *n* /ˈpetrəl/	_____	Does your car run on petrol?
PE *n* /ˌpiː ˈiː/	_____	I really enjoyed PE at school, especially tennis lessons.
philosophy *n* /fəˈlɒsəfi/	_____	That's part of our philosophy.
photocopy *n* /ˈfəʊtəʊkɒpi/	_____	I'll just make a photocopy of the certificate for you.
photograph *n* /ˈfəʊtəgrɑːf/	_____	I always look serious if someone takes a photograph of me.
pianist *n* /ˈpɪənɪst/	_____	He wanted to follow his dream of being a pianist.
plain *adj* /pleɪn/	_____	I prefer plain food. Nothing spicy.
planner *n* /ˈplænə(r)/	_____	Transport planners are looking at the problems.
plastic *adj* /ˈplæstɪk/	_____	It's got a plastic cover.
play area *n* /ˈpleɪ ˌeəriə/	_____	There's a play area for the children.
pleasant *adj* /ˈpleznt/	_____	The weather is very pleasant.
pleased *adj* /pliːzd/	_____	She's really pleased the party was a success.
pleasure *n* /ˈpleʒə(r)/	_____	Can you say 'no' to immediate pleasures?
politely *adv* /pəˈlaɪtli/	_____	I smile politely.
politics *n* /ˈpɒlətɪks/	_____	He is planning to retire from politics next year.
pollution *n* /pəˈluːʃn/	_____	Buses are quieter and create less pollution these days.
positive *adj* /ˈpɒzətɪv/	_____	Mike is very positive about the future.
possess *v* /pəˈzes/	_____	I don't possess a single CD or DVD.
possessions *n, pl* /pəˈzeʃnz/	_____	Do you think possessions can make you feel happy?
possible *adj* /ˈpɒsəbl/	_____	It's possible she will arrive shortly.
post *v* /pəʊst/	_____	We'll post that on Facebook later.
powerful *adj* /ˈpaʊəfl/	_____	The powerful printing presses could print 10,000 papers per hour.
practical skills *n, pl* /ˈpræktɪkl skɪlz/	_____	Her practical skills are excellent, so I think she is the right person for the job.
predict *v* /prɪˈdɪkt/	_____	They predict that the Tokyo to Osaka line will cost 51 billion dollars.
present *n* /ˈpreznt/	_____	Did you get a lot of presents for your birthday?
presentation *n* /ˌprezn̩ˈteɪʃn/	_____	I have to give presentations.
preserve *v* /prɪˈzɜːv/	_____	His invention preserved food beautifully.
press *v* /pres/	_____	They press their noses together.
pretty *adv* /ˈprɪti/	_____	It's pretty expensive.
pretty *adj* /ˈprɪti/	_____	She's a very pretty woman.
private school *n* /ˈpraɪvət skuːl/	_____	Did you go to a private school?
probably *adv* /ˈprɒbəbli/	_____	I probably won't go out tonight.
productivity *n* /ˌprɒdʌkˈtɪvəti/	_____	Research has shown that the noise in open-plan offices can reduce productivity by 66%.
profession *n* /prəˈfeʃn/	_____	What profession do you work in?
project *n* /ˈprɒdʒekt/	_____	He began this project in 2006.
promise *n* /ˈprɒmɪs/	_____	When I make a promise, I never change my mind.
promotion *n* /prəˈməʊʃn/	_____	Please send me details of offers and promotions.

Name _____

Navigate

psychologist *n* /saɪˈkɒlədʒɪst/ _____ Professor Philip Zimbardo is a psychologist.

psychology *n* /saɪˈkɒlədʒi/ _____ My brother's doing an MSc in psychology.

publisher *n* /ˈpʌblɪʃə(r)/ _____ I'm the writer, publisher and the salesman.

pull out *v* /pʊl ˈaʊt/ _____ Then he pulled the button out, so that the alarm rang and rang continuously.

purse *n* /pɜːs/ _____ I think I've got some money in my purse.

put down *phr v* /pʊt ˈdaʊn/ _____ He carefully put down the statues.

put on *phr v* /pʊt ˈɒn/ _____ I think she's put on weight.

qualification *n* /ˌkwɒlɪfɪˈkeɪʃn/ _____ What qualifications do you have?

quickly *adv* /ˈkwɪkli/ _____ He quickly moved to another seat.

rage *n* /reɪdʒ/ _____ He was so angry. I had never seen him in such a rage before.

raspberry *n* /ˈrɑːzbəri/ _____ Would you like some raspberries for dessert?

raw *adj* /rɔː/ _____ They're filled with raw vegetables.

reach *v* /riːtʃ/ _____ The news of Abraham Lincoln's death took nearly two weeks to reach Europe in 1865.

read / listen to the news *phr* /ˌriːd, ˌlɪsn tə ðə ˈnjuːz/ _____ I want to listen to the news.

reader *n* /ˈriːdə(r)/ _____ He's a slow reader.

real-life *adj* /ˈrɪəl laɪf/ _____ You have to try and solve real-life problems.

reality *n* /riˈæləti/ _____ Their dreams are now a reality.

receive *v* /rɪˈsiːv/ _____ I received a present today.

record *n* /ˈrekɔːd/ _____ I always make a record of everything I spend in a day.

record *v* /rɪˈkɔːd/ _____ We can record the speech and post it on YouTube later.

recruit *v* /rɪˈkruːt/ _____ The way that companies recruit new staff has also changed.

recycle *v* /ˌriːˈsaɪkl/ _____ These days, we recycle more and more of our rubbish.

refund *n* /ˈriːfʌnd/ _____ I'd like to return the wallet and get a refund.

registration form *n* /ˌredʒɪˈstreɪʃn fɔːm/ _____ Could you fill in the registration form, please?

regular *adj* /ˈregjələ(r)/ _____ There's a regular bus service between the two towns.

related *adj* /rɪˈleɪtɪd/ _____ Did you know that Pascal and Isabelle are related to each other?

relationship *n* /rɪˈleɪʃnʃɪp/ _____ They have a very good relationship with their parents.

relative *n* /ˈrelətɪv/ _____ I love spending time with relatives.

relaxed *adj* /rɪˈlækst/ _____ The atmosphere in my company is relaxed.

relaxing *adj* /rɪˈlæksɪŋ/ _____ It was very relaxing to lie next to the swimming pool and have a drink.

reliable *adj* /rɪˈlaɪəbl/ _____ The trains are very reliable – they usually leave on time.

remember *v* /rɪˈmembə(r)/ _____ Are you good at remembering people's names?

remote *adj* /rɪˈməʊt/ _____ Yakutsk is remote – it's six time zones from Moscow.

rent *n* /rent/ _____ How much is the rent for your flat?

repellent *n* /rɪˈpelənt/ _____ I always pack a mosquito-repellent plug.

repetitive strain injury (RSI) *n* /rɪˌpetətɪv ˈstreɪn ˌɪndʒəri/ _____ He performed in concerts for another seven years, but then he had to give up because of Repetitive Strain Injury (RSI).

replace *v* /rɪˈpleɪs/ _____ Maglev technology probably won't replace other forms of transport in the near future.

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report *n* /rɪˈpɔːt/ _____ I have to write reports and give presentations.

report *v* /rɪˈpɔːt/ _____ Now anybody can report news.

rescue team *n* /ˈreskjuː tiːm/ _____ A rescue team arrived a short time later to take her to hospital.

reserve *v* /rɪˈzɜːv/ _____ You'll definitely need to reserve a place before you come.

respect *v* /rɪˈspekt/ _____ I trust and respect you.

retire *v* /rɪˈtaɪə(r)/ _____ He's going to retire from teaching next year.

review *n* /rɪˈvjuː/ _____ The hotel gets some great reviews.

reviewer *n* /rɪˈvjuːə(r)/ _____ Here to tell us about the new book by Haruki Murakami is this week's reviewer, Maria Georgiou.

revolution *n* /ˌrevəˈluːʃn/ _____ Kenya has led a revolution in mobile banking.

ridiculous *adj* /rɪˈdɪkjələs/ _____ How ridiculous! People will think you are unfriendly if you refuse a handshake.

robbery *n* /ˈrɒbəri/ _____ They've arrested two men in connection with the robbery.

robot *n* /ˈrəʊbɒt/ _____ Dustcart is a street-cleaning robot.

romantic *adj* /rəʊˈmæntɪk/ _____ They are in a romantic relationship.

round and round *prep* /ˈraʊnd ən raʊnd/ _____ He suddenly began to turn round and round.

rubbish *n* /ˈrʌbɪʃ/ _____ There's a huge problem with rubbish in the city centre.

rude *adj* /ruːd/ _____ In China or Turkey, for example, if your handshake is too tight and strong, you will seem rude.

rug *n* /rʌg/ _____ I don't like the white rugs in the sitting room.

runner *n* /ˈrʌnə(r)/ _____ She's a really fast runner.

running *n* /ˈrʌnɪŋ/ _____ Do you ever go running?

safe *adj* /seɪf/ _____ The city centre is safe at night.

satellite dish *n* /ˈsætəlaɪt dɪʃ/ _____ The photo shows a satellite dish on the house.

sauce *n* /sɔːs/ _____ You dip the spring rolls into this sauce to give them extra flavour.

save up *v* /seɪv ˈʌp/ _____ I'm saving up for a new car.

savoury *adj* /ˈseɪvəri/ _____ Do you prefer sweet or savoury food?

science *n* /ˈsaɪəns/ _____ I think science was the least useful subject for me at school.

scooter *n* /ˈskuːtə(r)/ _____ Riding my scooter is great fun and the feel of the cool wind is wonderful.

sculptor *n* /ˈskʌlptə(r)/ _____ I've been a sculptor for a long time.

seafront *n* /ˈsiːfrʌnt/ _____ The restaurant is on the seafront.

search engine *n* /ˈsɜːtʃ ˌendʒɪn/ _____ Did you use a search engine to find out about us?

secure *adj* /sɪˈkjʊə(r)/ _____ Be careful when you check emails in an internet café as public Wi-Fi is not always secure.

self-catering *adj* /ˌself ˈkeɪtərɪŋ/ _____ I prefer self-catering holidays.

separate *v* /ˈsepəreɪt/ _____ My parents separated when I was eight.

serve *v* /sɜːv/ _____ This dish is often served with rice.

set up *phr v* /set ˈʌp/ _____ They want to set up a business this year.

several *pron* /ˈsevrəl/ _____ There are several different vegetables you can eat with this dish.

shake hands *phr* /ʃeɪk ˈhændz/ _____ They shake hands for a very long time.

share *v* /ʃeə(r)/ _____ I share a small flat with friends.

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sheet *n* /ʃiːt/	_____	All the beds have got clean sheets.
shiny *adj* /ˈʃaɪni/	_____	It's so bright and shiny.
shocking *adj* /ˈʃɒkɪŋ/	_____	It's a pretty shocking figure. So what are the facts behind it?
shop display *n* /ˈʃɒp dɪˌspleɪ/	_____	The people in front of me were walking slowly and taking photos of the shop displays.
shop online *v* /ʃɒp ˌɒnˈlaɪn/	_____	I like to shop online.
shopper *n* /ˈʃɒpə(r)/	_____	There are so many shoppers on the streets.
shopping *n* /ˈʃɒpɪŋ/	_____	I'm going to do the shopping this afternoon.
shoulder *n* /ˈʃəʊldə(r)/	_____	He touched me on the shoulder to get my attention.
shy *adj* /ʃaɪ/	_____	He's quite a shy person and is often nervous about speaking to people.
signal *n* /ˈsɪgnəl/	_____	I keep losing the signal so we might get cut off.
skydiving *n* /ˈskaɪdaɪvɪŋ/	_____	The rest of his skydiving team saw this on their computer screens and were worried he was in terrible trouble.
sleeve *n* /sliːv/	_____	This proved that there were no weapons hiding in their sleeve.
slurp *v* /slɜːp/	_____	It sounds like a competition to see who can slurp the loudest.
smart *adj* /smɑːt/	_____	He's really smart. He knows everything about computers.
smartly *adv* /ˈsmɑːtli/	_____	In my job I need to dress smartly.
smile *v* /smaɪl/	_____	I always smile at someone when I first meet them.
snack *n* /snæk/	_____	I have a small snack at 11 a.m.
snowboarding *n* /ˈsnəʊbɔːdɪŋ/	_____	A group of us went snowboarding in Switzerland.
snowfall *n* /ˈsnəʊfɔːl/	_____	In the late autumn we get our first snowfalls.
sociable *adj* /ˈsəʊʃəbl/	_____	They're very sociable people and enjoy having parties.
social media *n* /ˈsəʊʃl ˌmiːdiə/	_____	I use social media all the time, especially Facebook.
software developer *n* /ˈsɒftweə dɪˌveləpə(r)/	_____	I'm a software developer for a big company.
solution *n* /səˈluːʃn/	_____	One solution to the problem is a pedestrian fast lane.
solve *v* /sɒlv/	_____	He's great at solving computer problems.
sour *adj* /ˈsaʊə(r)/	_____	The sauce has lime juice in it to make it sour.
souvenir seller *n* /ˌsuːvəˈnɪə ˌselə(r)/	_____	There are lots of souvenir sellers in summer.
souvenir *n* /ˌsuːvəˈnɪə(r)/	_____	I always buy souvenirs when I'm on holiday.
sparkling water *n* /ˈspɑːklɪŋ ˌwɔːtə(r)/	_____	Please can I have some sparkling water?
special *adj* /ˈspeʃl/	_____	Somebody special gave it to me.
spelling *n* /ˈspelɪŋ/	_____	He's not very good at spelling.
spend time *v* /spend ˈtaɪm/	_____	You should try and spend more time with relatives.
spice *n* /spaɪs/	_____	This dish is made with lots of different spices.
spicy *adj* /ˈspaɪsi/	_____	There is some chilli in the sauce to make it spicy.
spinach *n* /ˈspɪnɪtʃ/	_____	Spinach has a bitter taste.
spread *v* /spred/	_____	The news spread around the world in seconds.
staff *n* /stɑːf/	_____	I train kitchen and waiting staff.
stall *n* /stɔːl/	_____	The market has all kinds of stalls.
state school *n* /ˈsteɪt skuːl/	_____	I think state schools are just as good as private schools.

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statistic *n* /stə'tɪstɪk/	_____	Statistics show that the number of bank robberies has dropped.
statue *n* /'stætʃuː/	_____	It's famous for its statue of a lion.
stay in *v* /steɪ ˈɪn/	_____	I'm going to stay in tonight.
steal *v* /stiːl/	_____	Don't leave your work files or laptop in your car because someone might steal them.
stepmother/father *n* /'stepmʌðə(r), -fɑːðə(r)	_____	My father married my stepmother when I was 12 years old.
stew *n* /stjuː/	_____	I'm making a lamb stew tonight. Would you like some?
stick *v* /stɪk/	_____	They stick their tongues out at each other.
strange *adj* /streɪndʒ/	_____	Some people think that it's a strange idea.
stranger *n* /'streɪndʒə(r)/	_____	When you sit next to a stranger on a bus or train, what do you do?
strawberry *n* /'strɔːbəri/	_____	You put strawberry jam on them.
straw *n* /strɔː/	_____	It was one of those little cartons of juice that comes with a little straw.
street cleaner *n* /'striːt ˌkliːnə(r)/	_____	The street cleaners keep our city looking nice.
street performer *n* /'striːt pəˌfɔːmə(r)/	_____	You can see street performers every weekend in our city.
stress *n* /stres/	_____	He's under a lot of stress at the moment at work.
stress *v* /stres/	_____	I must stress how important it is to be careful with your money.
stressed *adj* /strest/	_____	He's feeling stressed about the new project.
stressful *adj* /'stresfl/	_____	Sometimes having too many things can be stressful.
strict *adj* /strɪkt/	_____	Was your school strict?
strike *n* /straɪk/	_____	Because of the transport strike, there are no trains running today.
student accommodation *n* /'stjuːdnt əˌkɒməˌdeɪʃn/	_____	Petra is staying in student accommodation this term.
study *n* /'stʌdi/	_____	An international study called PISA tests 500,000 students from over 60 countries in maths, science and reading.
study *v* /'stʌdi/	_____	She's studying politics at university.
stupid *adj* /'stjuːpɪd/	_____	I think he was really stupid to leave his job.
succeed in *v* /səkˈsiːd ɪn/	_____	You can succeed in doing anything if you try hard enough.
success *n* /səkˈses/	_____	Do you think a university degree is necessary for success in life?
suitable *adj* /'suːtəbl/	_____	It isn't suitable for work.
surprised *adj* /sə'praɪzd/	_____	I was surprised when she told us she was engaged to be married.
surprising *adj* /sə'praɪzɪŋ/	_____	It wasn't surprising that we lost the match.
swimming *n* /'swɪmɪŋ/	_____	We never go swimming.
system *n* /'sɪstəm/	_____	What is it about their education system that produces these great results?
tagine *n* /tə'ʒiːn/	_____	Tagine is a kind of stew.
take care of *phr* /teɪk keər əv/	_____	She really enjoys taking care of people.
take off *v* /teɪk ˈɒf/	_____	Come and watch the plane take off.
take up *phr v* /ˌteɪk ʌp/	_____	I want to take up a new hobby.
talk *n* /tɔːk/	_____	Matt gave an online talk about how the challenges changed his life.

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tap *n* /tæp/	_____	I can't work the taps in the bathroom.
taste buds *n, pl* /'teɪst bʌdz/	_____	People taste food differently; it depends on the number of taste buds on your tongue.
taste *n* /teɪst/	_____	This has a nice, bitter taste.
tattoo *n* /tə'tuː/	_____	His back was covered in tattoos.
teenager *n* /'tiːneɪdʒə(r)/	_____	This TV programme is for teenagers and young adults.
telegraph *n* /'telɪgrɑːf/	_____	Before the telegraph was invented, it used to take weeks for news to travel around the world.
tell jokes *phr* /tel 'dʒəʊks/	_____	Are you good at telling jokes?
terrible *adj* /'terəbl/	_____	I'm terrible at remembering people's names.
text *n* /tekst/	_____	Do you use special language when you write a text?
texture *n* /'tekstʃə(r)/	_____	I love all the different textures in this dish.
thermometer *n* /θə'mɒmɪtə(r)/	_____	Kids here can only miss school if the thermometer reaches –35!
thick *adj* /θɪk/	_____	This is quite a thick sauce, but it tastes lovely.
thin *adj* /θɪn/	_____	It's very thin and light, so it's easy to carry.
through *prep* /θruː/	_____	She walked through the open door.
thumb *n* /θʌm/	_____	Press the button with your thumb.
time capsule *n* /'taɪm ˌkæpsjuːl/	_____	A time capsule is a special container with objects inside.
time *n* /taɪm/	_____	Do you spend time with family during your holidays?
tin *n* /tɪn/	_____	I'm going to use a tin of tomatoes.
tiring *adj* /'taɪərɪŋ/	_____	This train journey is tiring.
to-do list *n* /tə 'duː ˌlɪst/	_____	There's so much to do. You should make a to-do list.
tobacco *n* /tə'bækəʊ/	_____	Tobacco has a strong taste.
tomato *n* /tə'mɑːtəʊ/	_____	We need some tomatoes for the salad.
tongue *n* /tʌŋ/	_____	In some countries, they stick out their tongues as a greeting.
toothpaste *n* /'tuːθpeɪst/	_____	I need to buy a tube of toothpaste.
touch *v* /tʌtʃ/	_____	They greet without touching the body.
towards *prep* /tə'wɔːdz/	_____	Look! Martha is walking towards us.
towel *n* /'taʊəl/	_____	The towels in the bathroom are lovely.
tower block *n* /'taʊə blɒk/	_____	There are plans to build some tower blocks in the city centre.
track *n* /træk/	_____	Powerful magnets lift the train off the tracks and push them forward.
traffic jam *n* /'træfɪk dʒæm/	_____	There are often bad traffic jams on the motorways.
traffic lights *n, pl* /'træfɪk laɪts/	_____	Come on traffic lights, turn green. I'm going to be so late for my meeting!
train *v* /treɪn/	_____	I trained as a chef.
transfer *v* /træns'fɜː(r)/	_____	Mobile phones are perfect for transferring money.
transportation *n* /ˌtrænspɔː'teɪʃn/	_____	The waste happens on farms during production, or transportation.
travel *v* /'trævl/	_____	We're going to travel by taxi to the airport.
traveller *n* /'trævələ(r)/	_____	I'm a regular traveller.
trend *n* /trend/	_____	The Paleo movement is a recent trend in health and fitness.
trip *n* /trɪp/	_____	Let's go on a trip somewhere.

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truck O *n* /trʌk/	_____	Rubbish trucks don't find it easy to get around the narrow streets.
tube O *n* /tjuːb/	_____	Did you pack a tube of toothpaste?
tweet *v* /twiːt/	_____	He tweeted that he was going to meet a famous musician.
twins O *n, pl* /twɪnz/	_____	My sister gave birth to twins yesterday. A boy and a girl!
typist *n* /ˈtaɪpɪst/	_____	She's a quick typist.
uncomfortable O *adj* /ʌnˈkʌmftəbl/	_____	This hot weather is uncomfortable.
understand O *v* /ˌʌndəˈstænd/	_____	She's very good at understanding how things work.
unfair O *adj* /ˌʌnˈfeə(r)/	_____	I think it's unfair that not everyone was invited to the party.
unfriendly O *adj* /ʌnˈfrendli/	_____	I think she's a bit unfriendly.
unkind O *adj* /ˌʌnˈkaɪnd/	_____	It was a bit unkind of him to do that.
unlucky O *adj* /ʌnˈlʌki/	_____	We've been so unlucky with the weather.
unnecessary O *adj* /ʌnˈnesəsəri/	_____	That's a bit unnecessary. There was no need to say that.
unpleasant O *adj* /ʌnˈpleznt/	_____	I find the smell of peanut butter a bit unpleasant.
unsociable *adj* /ʌnˈsəʊʃəbl/	_____	He hates going out and is quite unsociable.
untidy O *adj* /ʌnˈtaɪdi/	_____	The children are so untidy. Look at their bedroom!
up to date *adj* /ˌʌp tə ˈdeɪt/	_____	The news wasn't always up to date.
update *v* /ˌʌpˈdeɪt/	_____	Did you update your Facebook page?
use by O *n* /ˈjuːz baɪ/	_____	Make sure you check the 'use by' date on the label.
use O *n* /juːs/	_____	A few years later, he lost the use of his left hand.
useful O *adj* /ˈjuːsfl/	_____	It's so useful that I can't imagine life without it.
usual O *adj* /ˈjuːʒuəl/	_____	The journey to university took longer than usual.
valuable O *adj* /ˈvæljuəbl/	_____	This watch isn't very valuable.
vase *n* /vɑːz/	_____	I'm very sorry I broke your vase.
vegetarian cookbook *n* /ˌvedʒəˈteəriən ˈkʊkbʊk/	_____	We're going to get a vegetarian cookbook to help us.
video camera O *n* /ˈvɪdiəʊ ˌkæmərə/	_____	He hit the walls several times and shouted at the video camera.
virus O *n* /ˈvaɪrəs/	_____	Instead they died from things like viruses or old age.
walk O *n* /wɔːk/	_____	She rarely goes for a walk.
walker O *n* /ˈwɔːkə(r)/	_____	He's a fast walker.
wallet O *n* /ˈwɒlɪt/	_____	What's in your wallet at the moment?
wardrobe *n* /ˈwɔːdrəʊb/	_____	I'm surprised there isn't a wardrobe for our clothes.
wash basin O *n* /ˈwɒʃ ˌbeɪsn/	_____	The wash basin in the bathroom is very small.
wasteful *adj* /ˈweɪstfl/	_____	In the past, people were not as wasteful as they are today.
weapon O *n* /ˈwepən/	_____	They would put their right hand forward towards another man and opened it to show they were not holding a knife or other weapon.
weekly O *adv* /ˈwiːkli/	_____	News reels were changed weekly, not daily.
weight-lifting O *n* /ˈweɪtlɪftɪŋ/	_____	Only do intense activity like weight-lifting occasionally.
wire O *n* /ˈwaɪə(r)/	_____	News could travel around the world in minutes, using undersea electrical telegraph wires.
work for O *v* /ˈwɜːk fɔː(r), fə(r)/	_____	Jack works for an oil company.

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work *n* /wɜːk/	_____	I must do some work this afternoon.
workplace *n* /ˈwɜːkpleɪs/	_____	In the USA especially, many schools, universities and workplaces are less interested in introverts than in extroverts.
worried *adj* /ˈwʌrid/	_____	I'm really worried about the exam tomorrow.
worrying *adj* /ˈwʌriɪŋ/	_____	The increase in prices is very worrying.
zone *n* /zəʊn/	_____	Desks were organized into work zones of different sizes.